

STANDARD MENU

1.Day:

DINNER: Grilled fish, glasswort, white rice, shepherd salad, assorted fruits.

2.Day

BREAKFAST

LUNCH : French style string beans, bulgur wheat rice, mixed green salad, assorted fruits.

AFTERNOON TEA

DINNER: Chicken chops or meat BBQ, fried zucchini and eggplant with garlic yogurt sauce, seasonal salad and assorted fruits



3.Day

BREAKFAST

LUNCH : Chickpeas with meat cubes in tomato onion sauce, white rice, tomato lettuce salad, assorted fruits

AFTERNOON TEA

DINNER: Oven cooked potatoes with ground meat, white rice, salad, and chocolate pudding



4.Day

BREAKFAST

LUNCH : Assorted sausages, bowtie pasta in marinara sauce, carrot salad, fruits

AFTERNOON TEA

DINNER: Grilled fish, arugula and tomato salad and assorted fruits

5.Day

BREAKFAST

LUNCH : Mixed vegetables with cubes meat, black-eyed pea, spaghetti, salad, fruits

AFTERNOON TEA

DINNER: Broiled chicken, bulgur wheat rice, salad and fruits

6.Day

BREAKFAST

LUNCH: Stuffed green peppers, pinto beans, caciki and fruits

AFTERNOON TEA

DINNER: Chicken shish kebab, zucchini pancakes, summer helva, salad and fruits

7.Day

BREAKFAST

LUNCH: Dried beans, Imam Bayıldı (eggplant tomato onion cooked in olive oil), pasta, salad, pudding

AFTERNOON TEA

DINNER: Meatball, white rice, salad, yogurt and fruits

8.Day

BREAKFAST

***** BREAKFAST:** Bread, cheese, kinds of jam, butter, honey, black and green olives, egg, (kind of omlets or boiled), Sucuk (spicy Turkish sausage), salami, tomatoes, cucumbers, fruits, coffee and tea.

***** AFTERNOON TEA:** Biscuits and cookies, pastry, cake, Turkish coffee or nescafe, black tea or green tea, apple tea, kind of herbal tea.

***** FRUITS:** Cherry, Kiwi, orange, pear, grape, apricots, plum, apple, peach, melon, watermelon, banana.

**This is a sample yacht charter menu that can be varied for each yachts*

